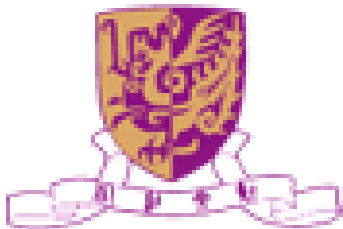


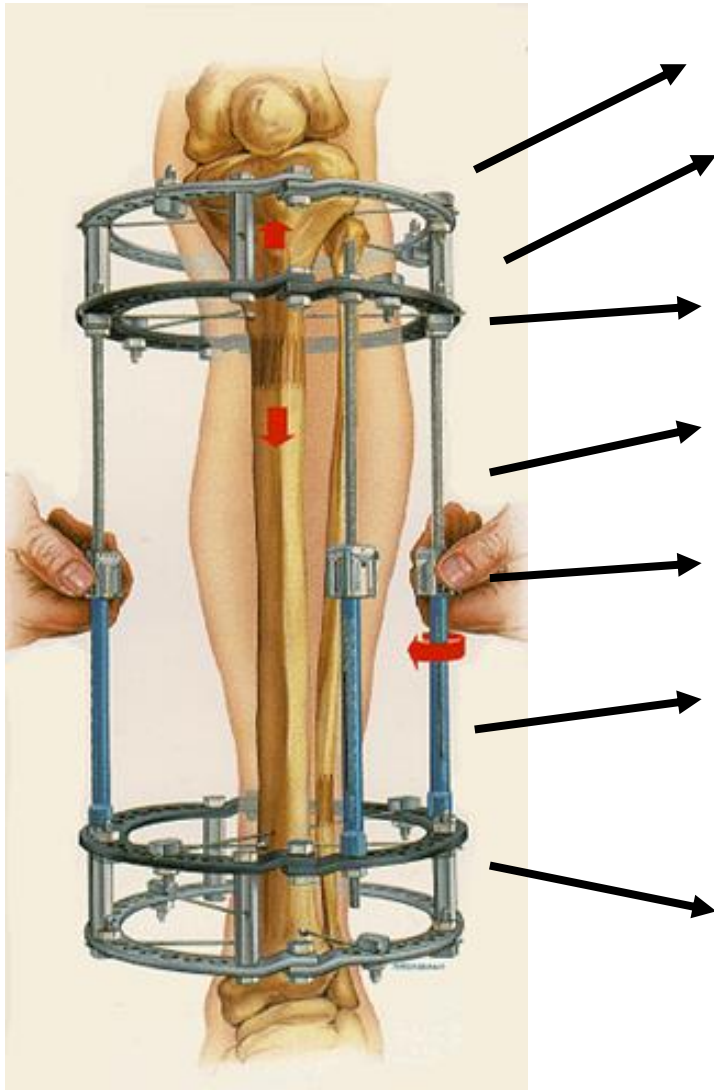
We Can Make Giants – Distraction Osteogenesis Techniques from Bench to Bed

Professor Gang Li, MBBS, D Phil (Oxon)

**Department of Orthopaedics and Traumatology,
The Chinese University of Hong Kong,
Hong Kong, SAR, China**



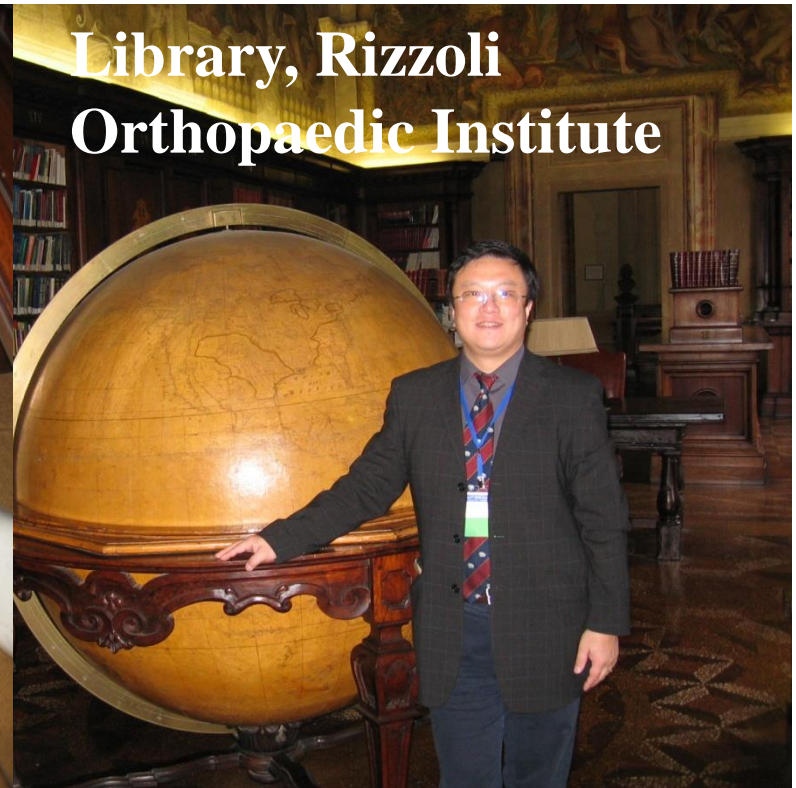
Skeletal tissues are formed spontaneously during DO. DO is a most cost-effective form of functional tissue engineering and is now being termed as distraction histogenesis (DH).



- skin
- muscle
- ligament
- vessels
- tendon
- nerve
- bone

- ~~3-D constructs~~
- ~~cells~~
- ~~scaffold~~
- ~~growth factor~~

Distraction osteogenesis- History



Director, Rizzoli Orthopaedic Institute, Bologna, Italy (1899-1912)

Codivilla A. (1905) On the means of lengthening in the lower limbs, the muscles and tissues which are shortened through deformity. Am. J. Orthop. Surg., 2:353-369.

Distraction osteogenesis- History

Ilizarov, G.A. -- Tension-Stress Principles
Clin Orthop, 238 & 239, 1989



Prof. G.A. Ilizarov
1921-1992



Mechanical stimulation can promote and maintain skeletal tissues' regenerating potentials.

Birth place of Ilizarov Techniques

The Russian Ilizarov Centre, Kurgan, Russia



**Dr. Ilizarov and me
September,
1991, Beijing**



РСФСР
МИНИСТЕРСТВО ЗДРАВООХРАНЕНИЯ
Всесоюзный Курганский научный центр

«Восстановительная травматология и ортопедия»

г. Курган, обл. ул. Марии Ульяновой, 6

Телефоны: генеральный директор 3-17-32, бухг. 3-29-87

№ 2387

« November, 26 19 91 г.

Emergency

Li Gang
1st Department of Surgery
The General Hospital of PLA
Wu-Ke-Song Road
Beijing
P.R.China

Dear Dr. Li Gang,

I would like to express my gratitude for your attention to me and also for the photo you sent to me.

Please find enclosed two of my publications and Course programmes. As you know we run 10-day Courses on various problems developed at our Centre.

Please inform us which of the Course you'd like to attend and as soon as the group for the topic is formed you will be advised additionally.

Yours sincerely,

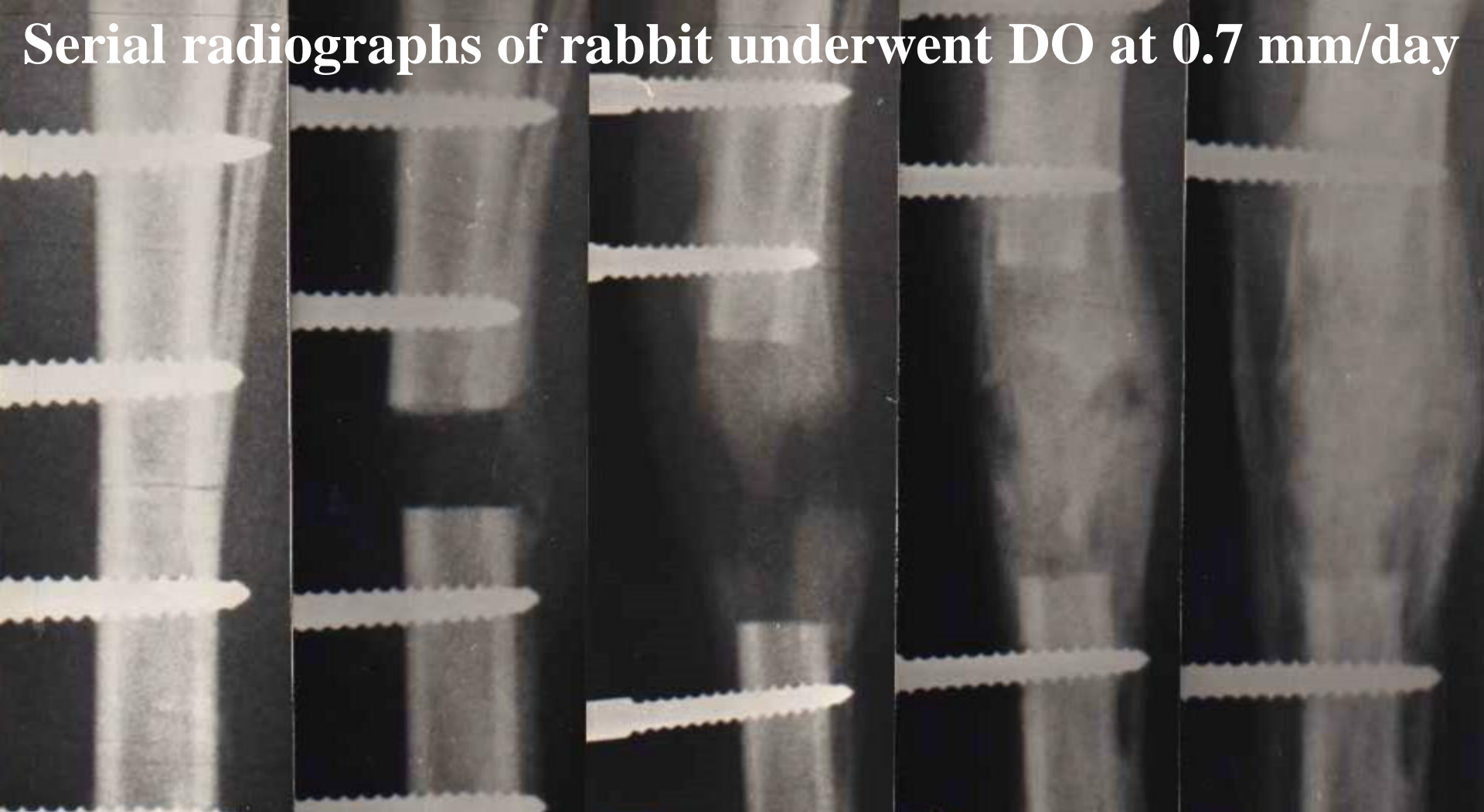
Prof. G.A. Ilizarov
AM USSR Academy of Sciences
General Director

All-Union Kurgan Scientific Centre for
Restorative Traumatology and Orthopaedics
Kurgan USSR

РОССИЙСКИЙ НАУЧНЫЙ ЦЕНТР "ВОССТАНОВИТЕЛЬНАЯ ТРАВМАТОЛОГИЯ И ОРТОПЕДИЯ" ИМЕНИ АКАДЕМИКА Г.А. ИЛИЗАРОВА



Serial radiographs of rabbit underwent DO at 0.7 mm/day



0 day

7days

14 days

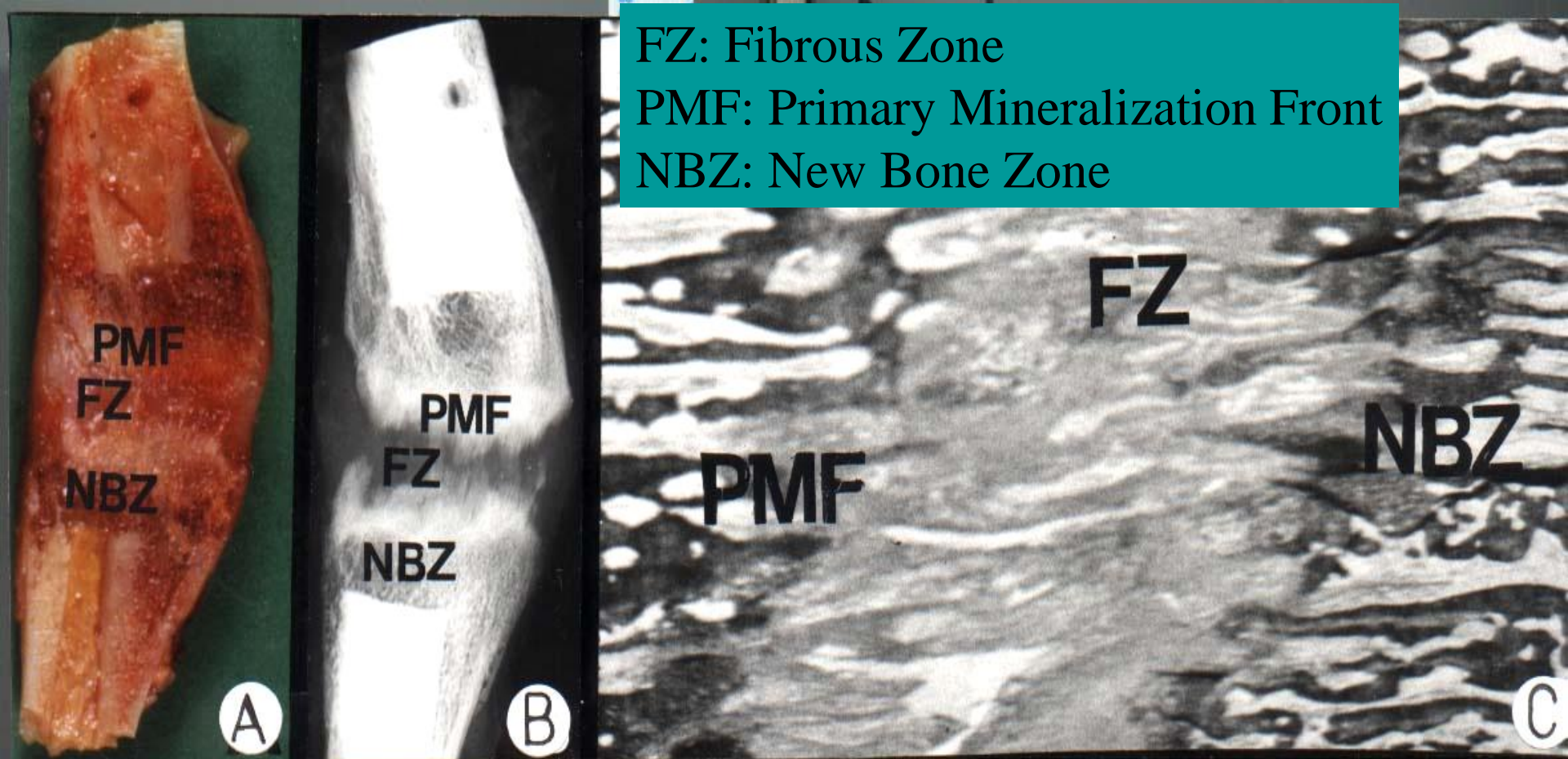
21days (stop)

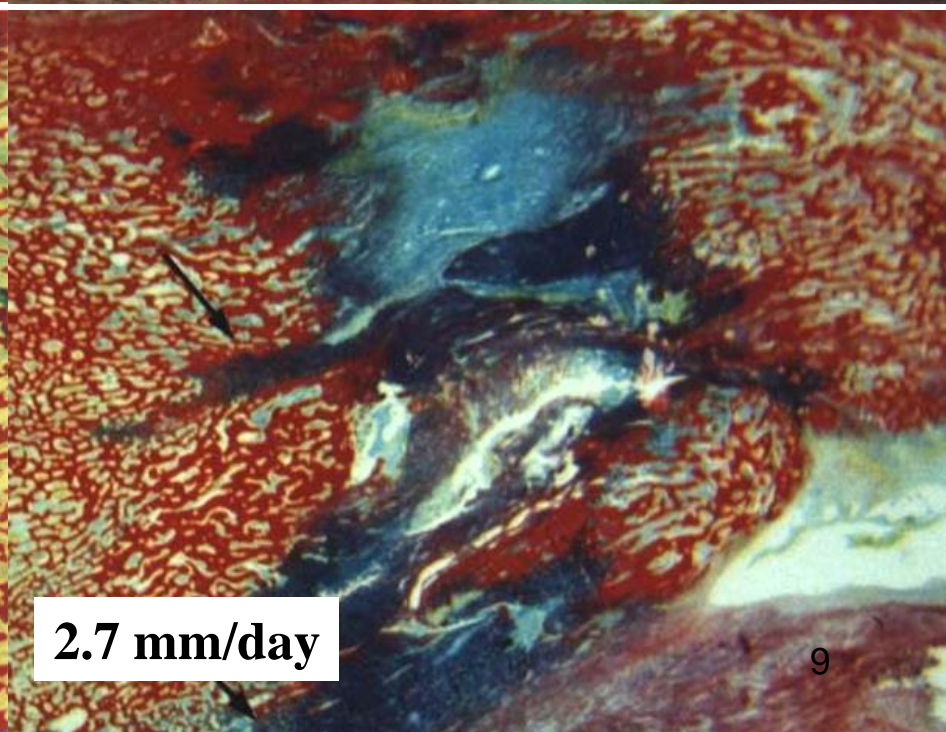
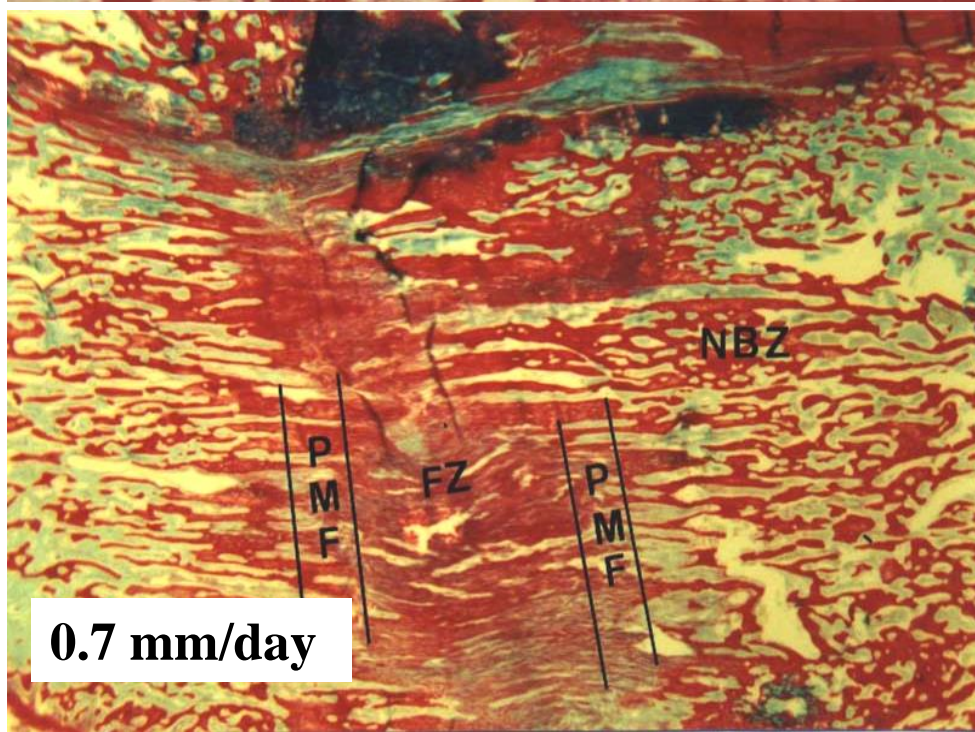
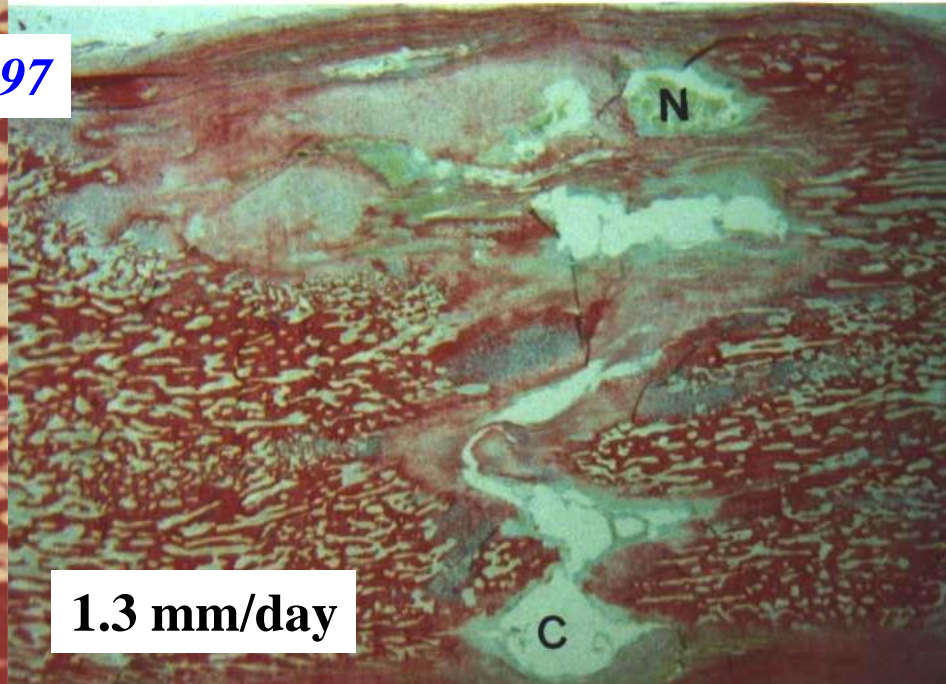
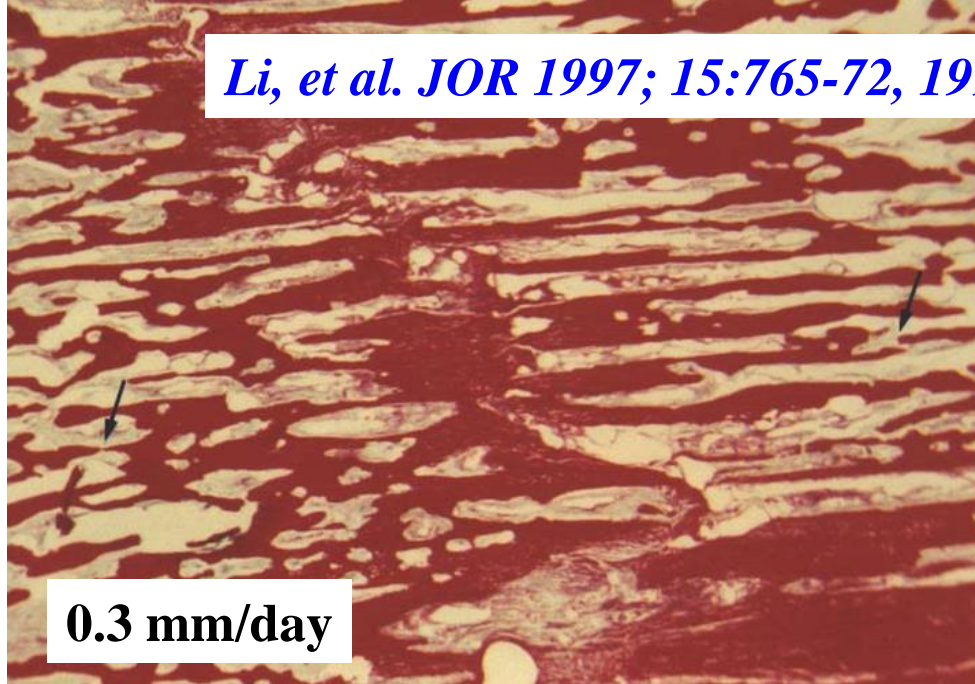
28days

Rapid bone formation and remodeling

Li, et al. JOR 1997; 15:765-72.

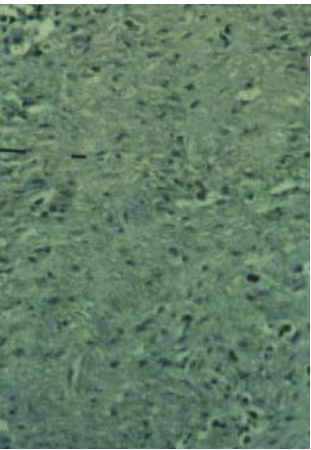
The definition of the zones in the regenerate



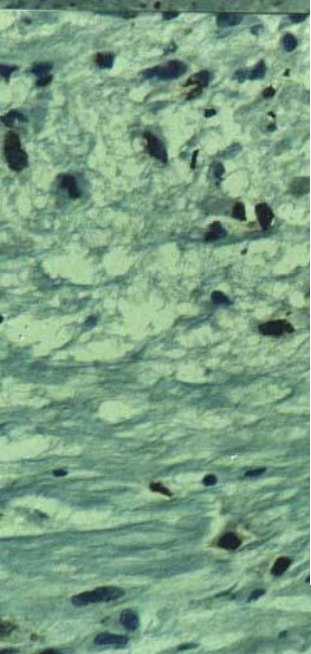


Effect of lengthening rate on cell proliferation

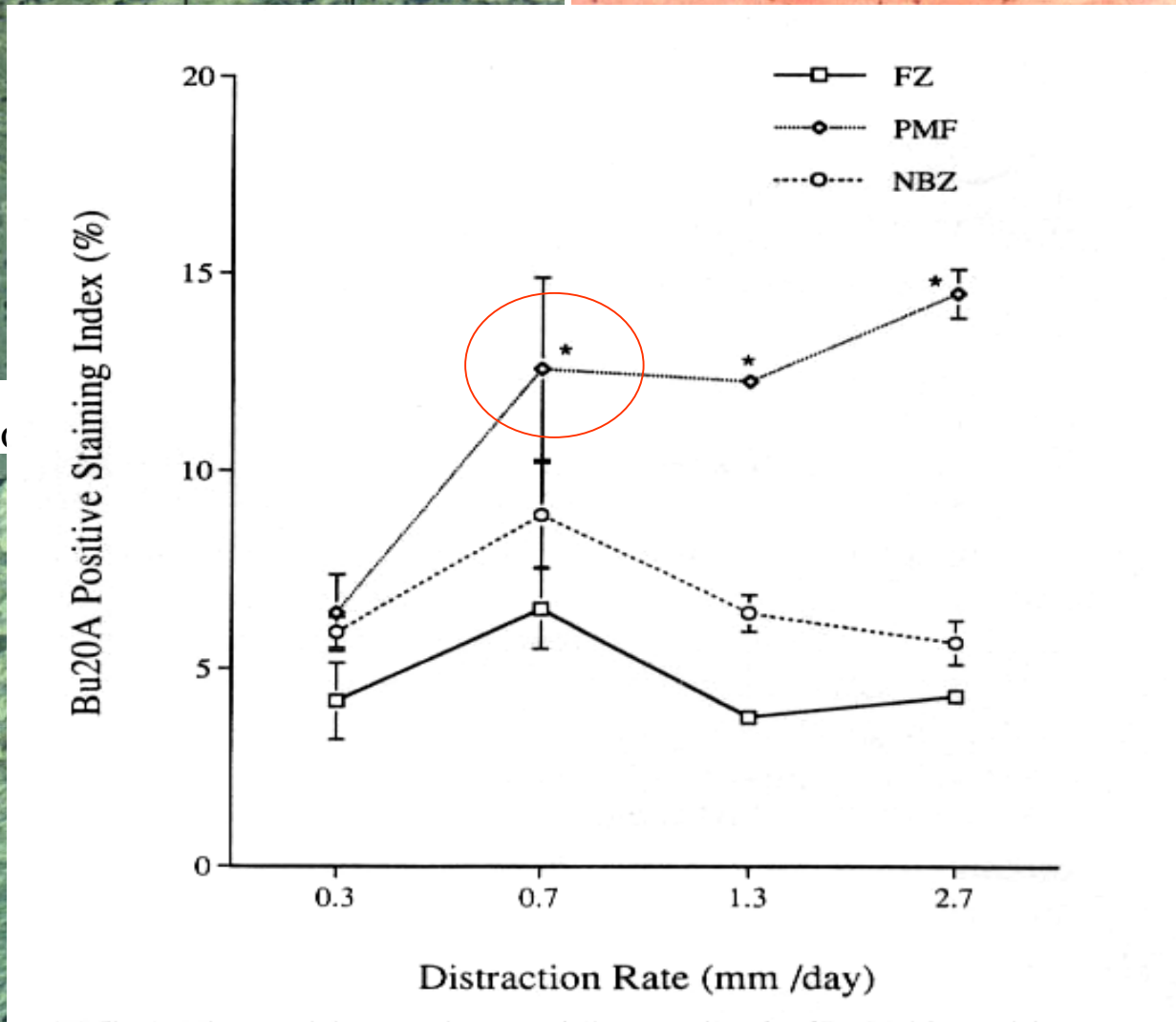
Li, et al. JOR 1997; 15:765-72, 1997.



Cell proliferation



Cell proliferation in the PMF, X 400



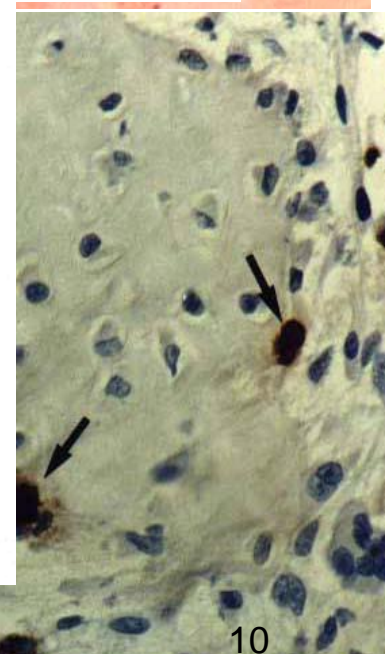
Cell proliferation in the NBZ, X 400

Rate:

7mm/day
twice/day

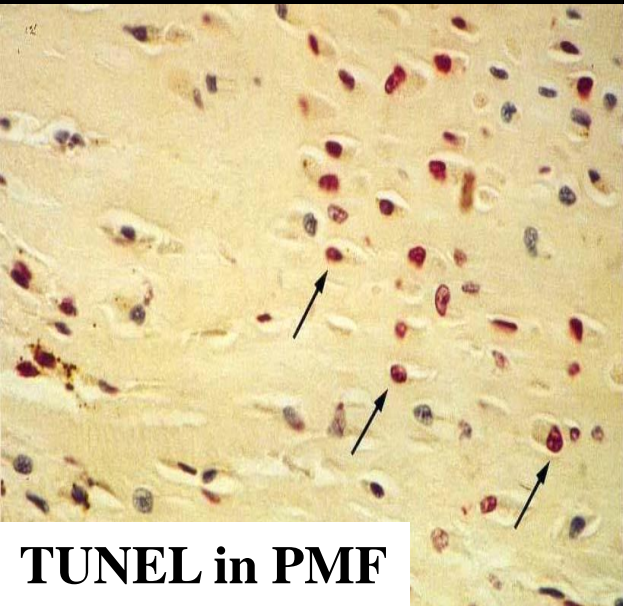
rdUrd
labeling

3Z, X 100

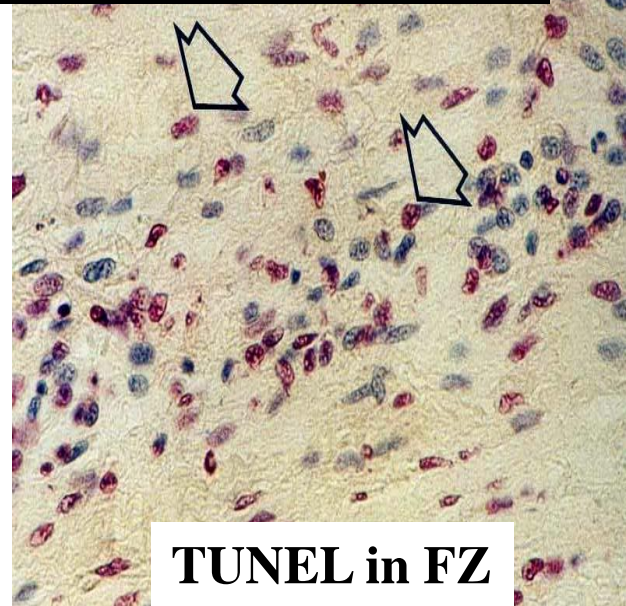


Cell Proliferation and Apoptosis Co-exist

Rate: 0.7 mm/day



TUNEL in PMF



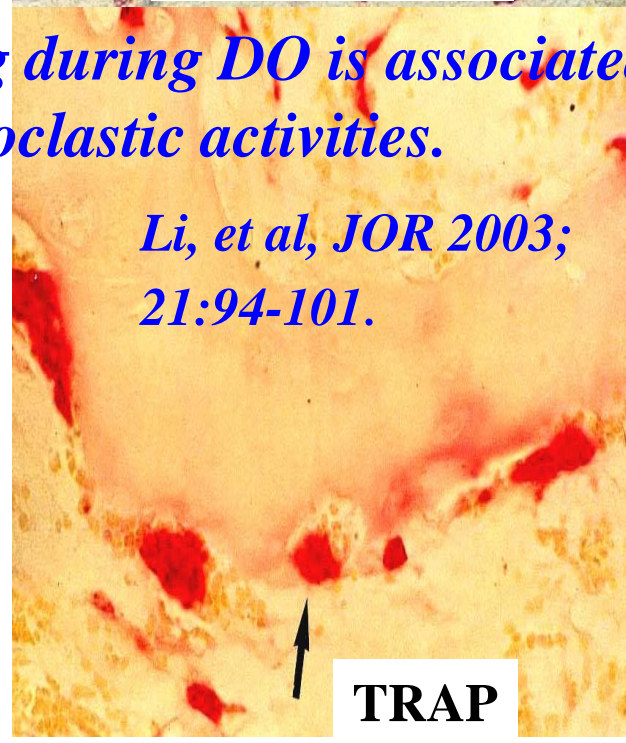
TUNEL in FZ



TUNEL in NBZ



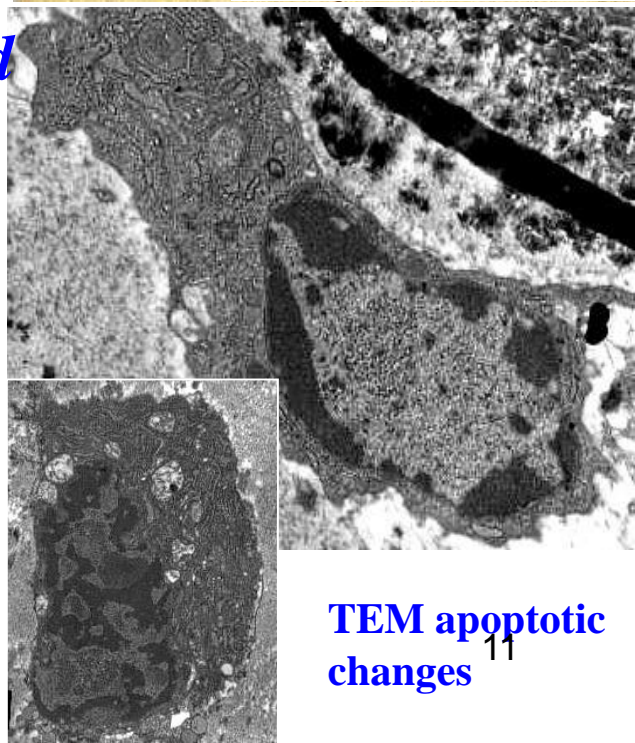
TRAP in NBZ



TRAP

Rapid bone remodelling during DO is associated with apoptosis and osteoclastic activities.

Li, et al, JOR 2003; 21:94-101.



TEM apoptotic changes

Changes of Gene Expression during DO

- Turn on genes associated with tissue repair (BMPs, VEGFs, etc.)

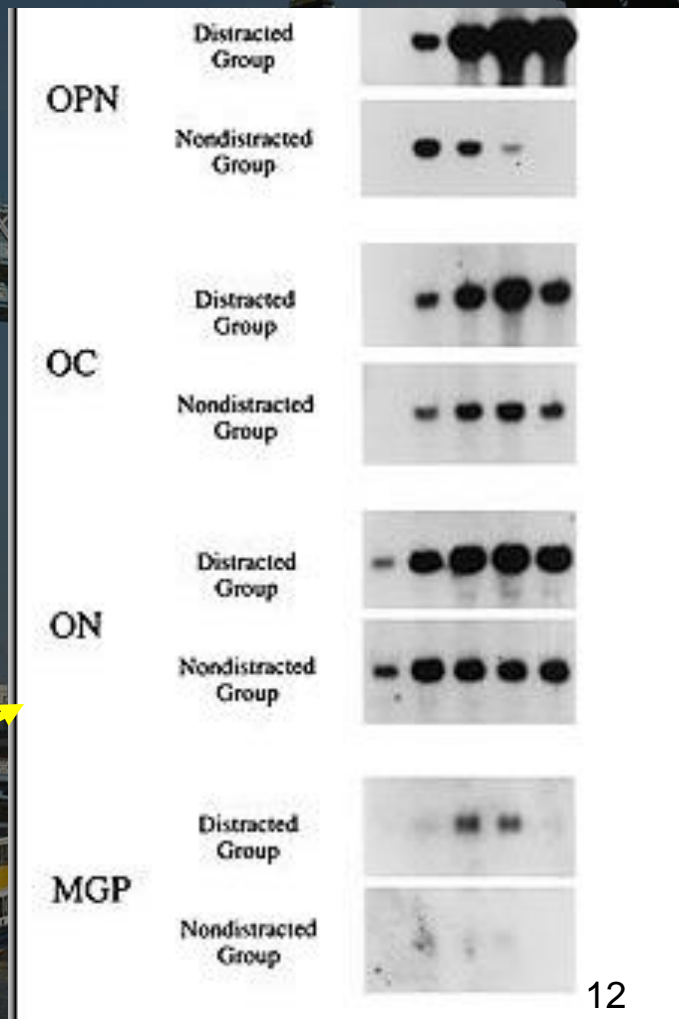


The expression of BMP-4 is up-regulated in the newly formed tissues during DO.

Li, et al. *Acta Orthop Scand* 1998; 69:420-425.

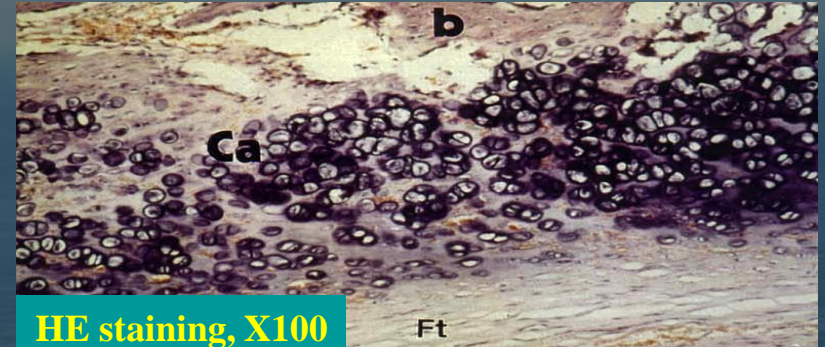
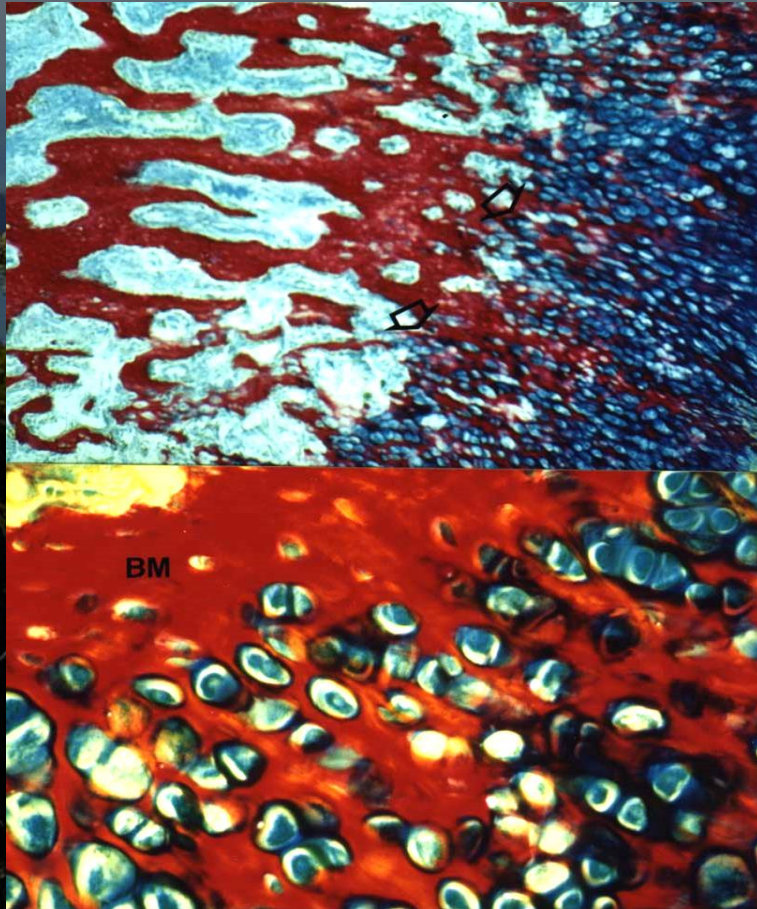


Expression of bone matrix proteins mRNA during DO. Sato, et al. *JBMR* 1998; 13(8): 1221-8.

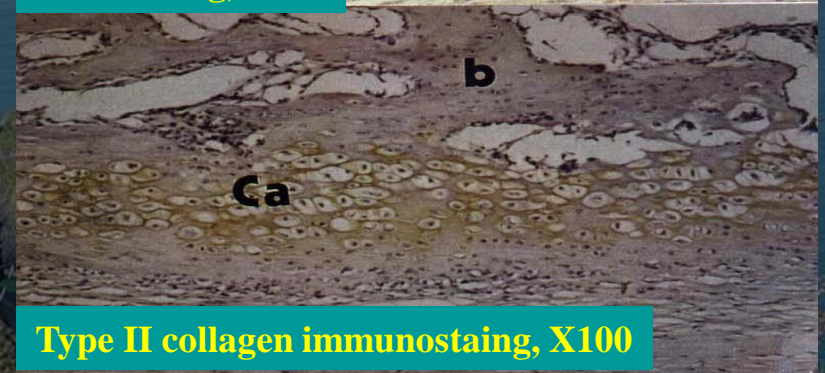


Changes of cellular behaviors during DO

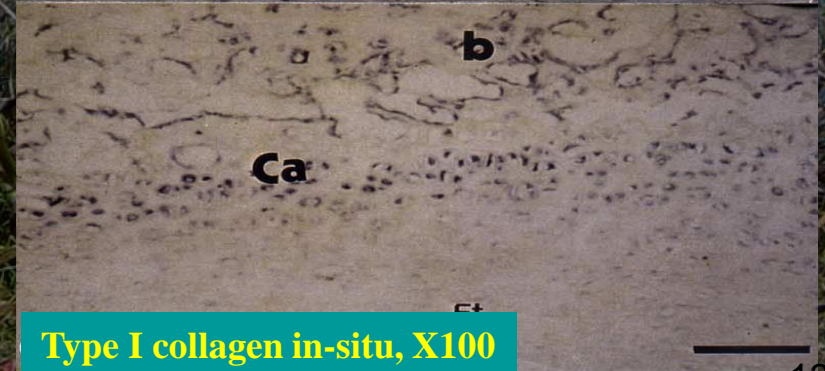
Chondrocyte de-differentiation



HE staining, X100



Type II collagen immunostaining, X100



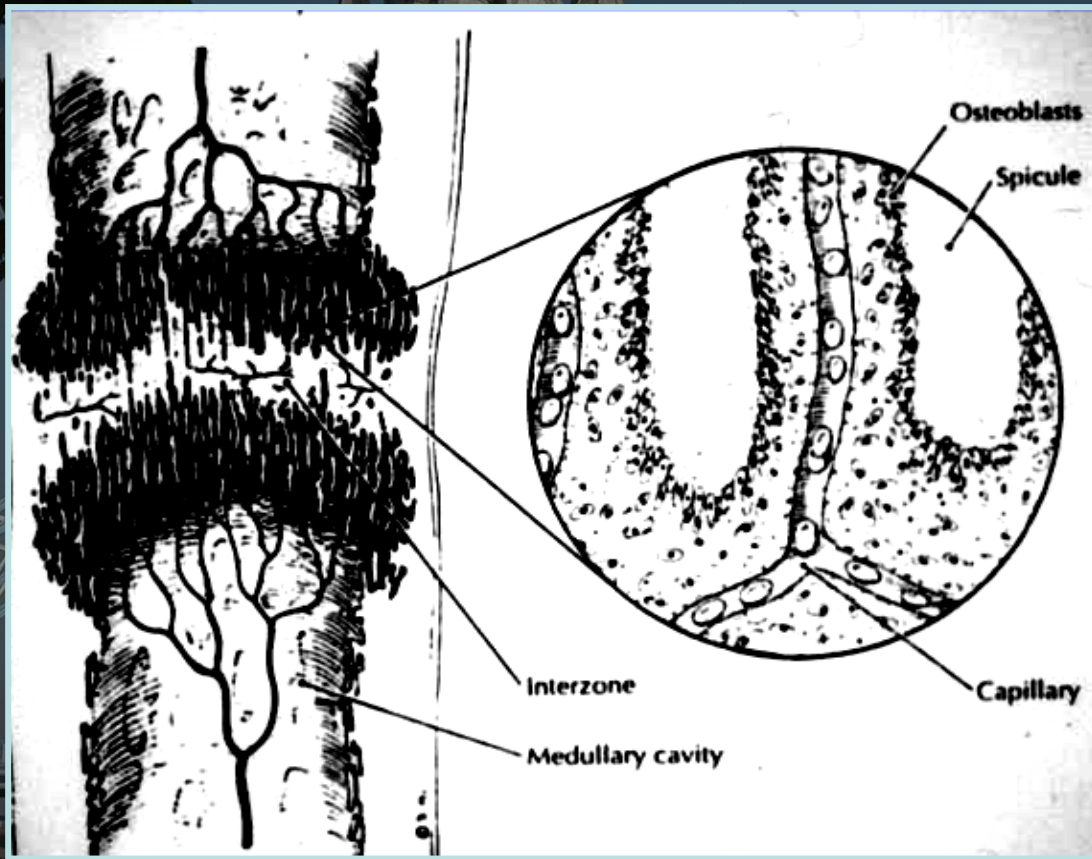
Type I collagen in-situ, X100

- Ossification via chondroid bone
Yasui, et al. JBJS(Br), 1997; 79.
- Chondrocyte dedifferentiation?
Roach and Scammell, JBMR, 1996; 11.

Li, et al. Calcif Tissue Int 1999; 64:310-17.

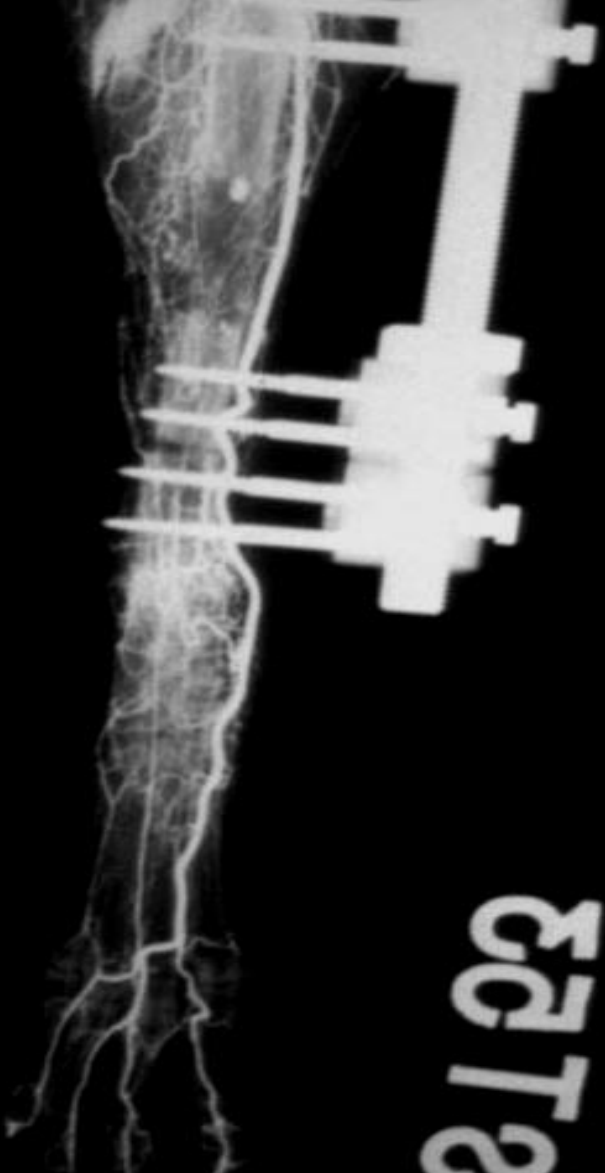
Angiogenesis in Distraction Osteogenesis

- *Angiogenesis plays a key role in DO.*

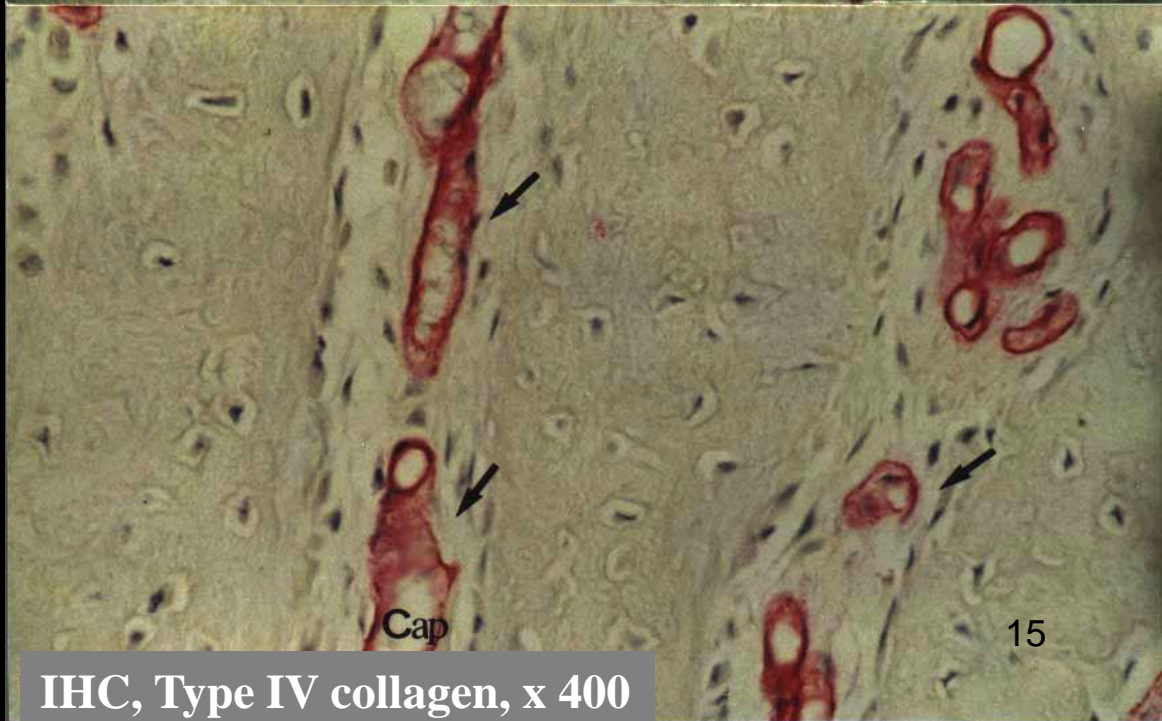
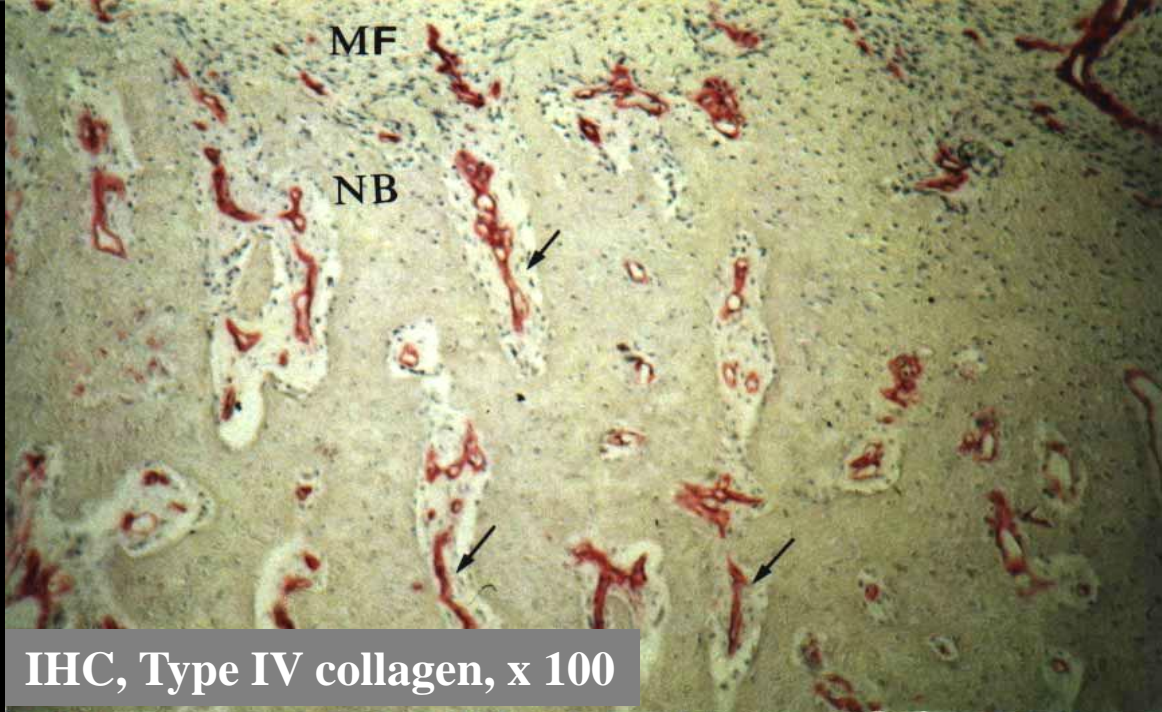


Angiography showing new vessels in the regenerate.¹⁴

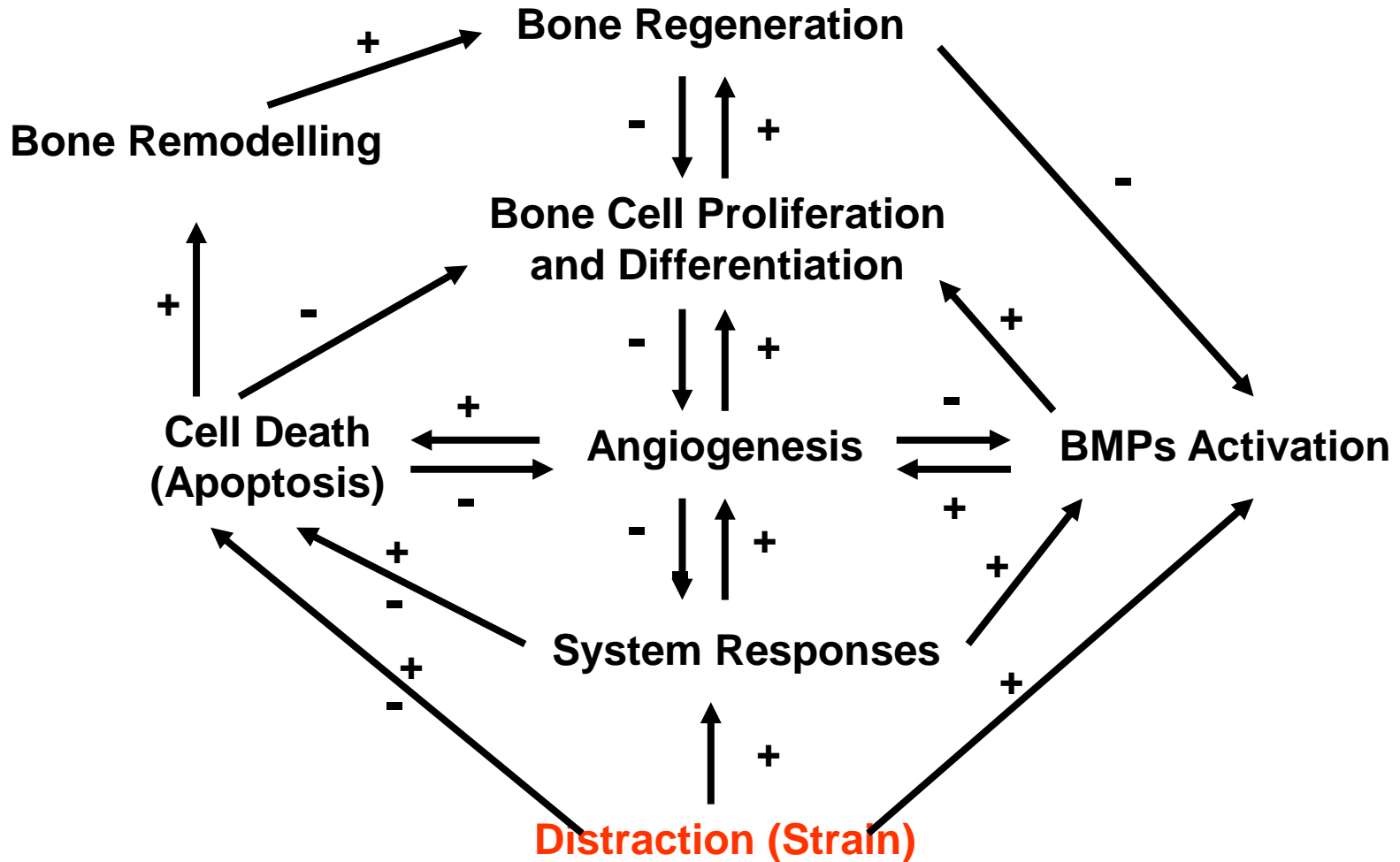
Angiogenesis study during DO



Li, et al. *J Orthop Res* 1999; 17:362-7.

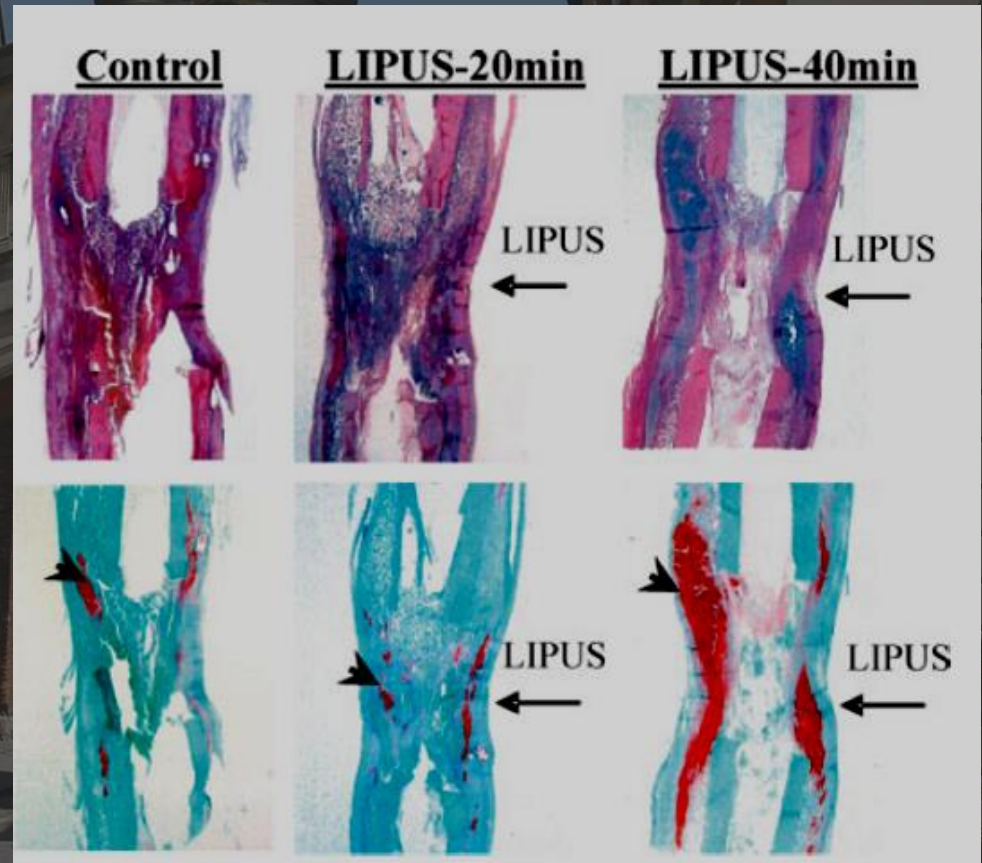


Possible Biological Mechanisms of DO



Enhancement Bone Formation During DO

- Physical stimulation
 - Weight-bearing exercise
 - Ultrasound



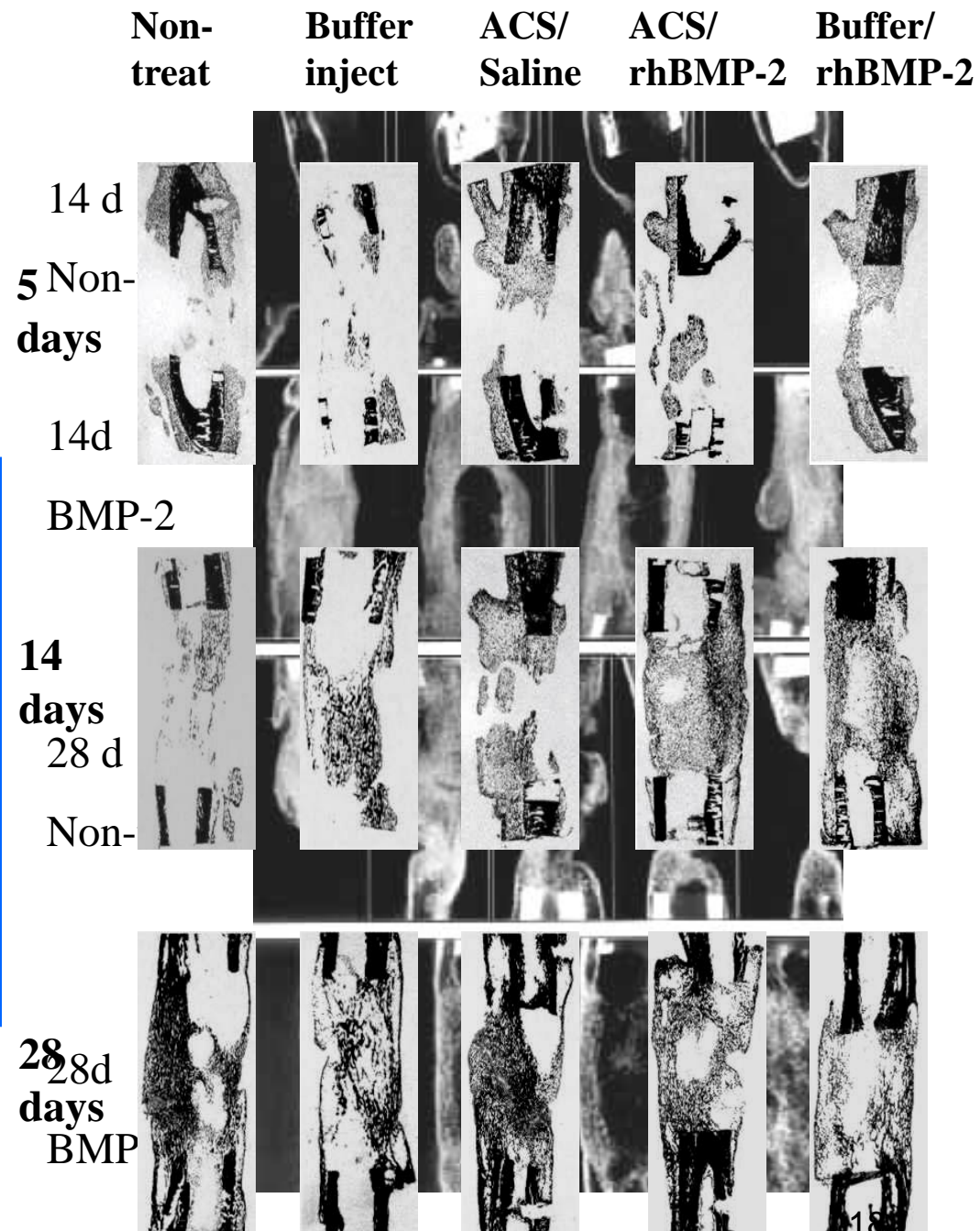
Chan, et al. Dose-dependent effect of low-intensity pulsed ultrasound on callus formation during rapid DO. J Orthop Res 2006; 24:2072-9.

Enhancement Bone Formation During DO

- **Molecular Therapy**
- **rhBMP-2**

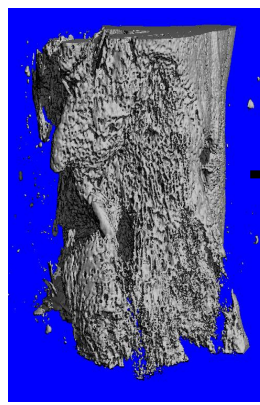
- **A latency period 7 days**
- **Tibiae lengthened 2 cm over a period of 10 days**
- **Rate: 2 mm/day**
- **Rhythm: 2 increments/day**
- **rhBMP-2 (75 μ g) was administrated to the gap**
- **Placebo controls**

Li, et al. rhBMP-2 in Distraction Osteogenesis. JOR 2002; 20: 658-67.

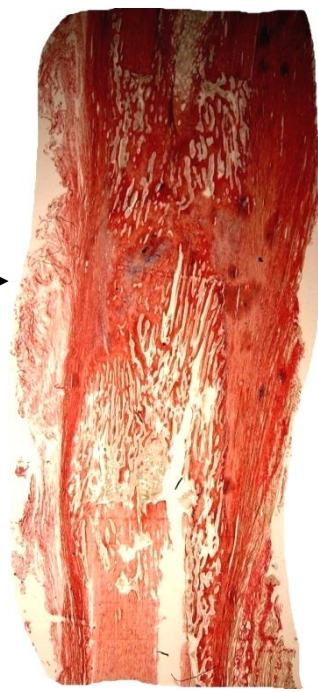
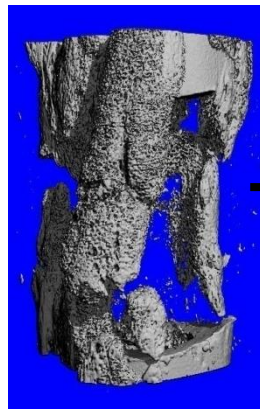


Thrombin-related peptide TP508 enhanced bone consolidation

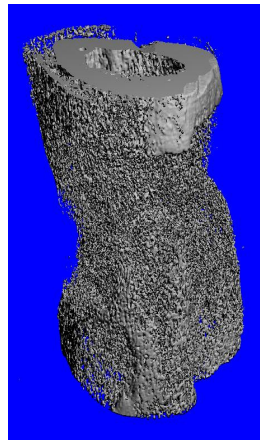
TP508 300 μ g injection twice



Dextran gel Inject Control



Dextran gel with microspheres 300 μ g TP508 injection once



Li, et al. JOR2005; 23: 196-202.

Clinical Applications of Distraction Osteogenesis Techniques



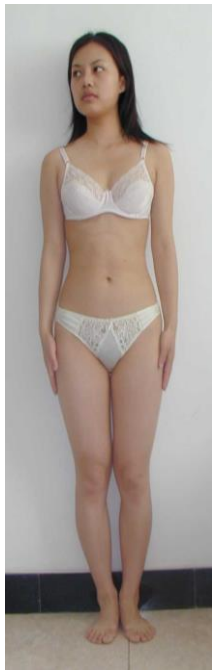
- Limb reconstructions...
- Cosmetic lengthening
- Spine deformity correction
- Vascular diseases managements
- Others...

北京骨外固定技术研究所所长, 北京广济医院院长 夏和桃 主任医师

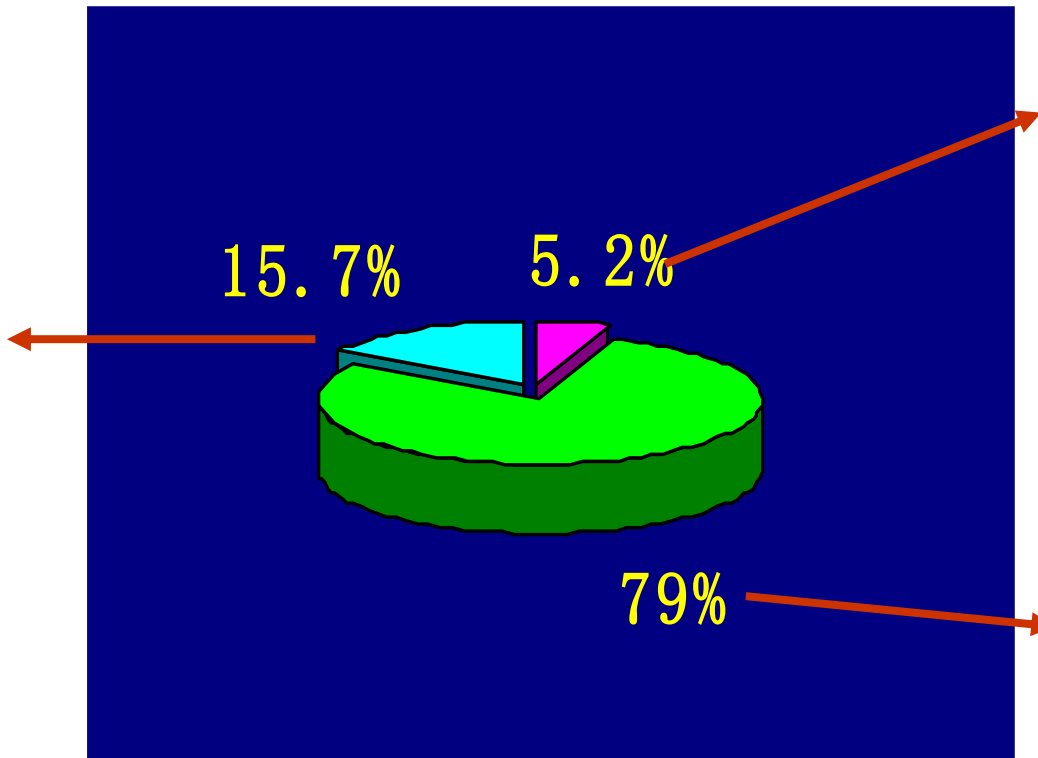
Dr. Xia He-Tiao, MD, Director of Beijing Institute of External Fixation
Technology, Chief of Beijing Guangji Orthopaedic Hospital



Over 16,000 patients underwent leg lengthening surgery in Guangji Hospital by Dr. Xia's team over the last 10 years, overall successful rate for cosmetic lengthening is 99%.



Cosmetic

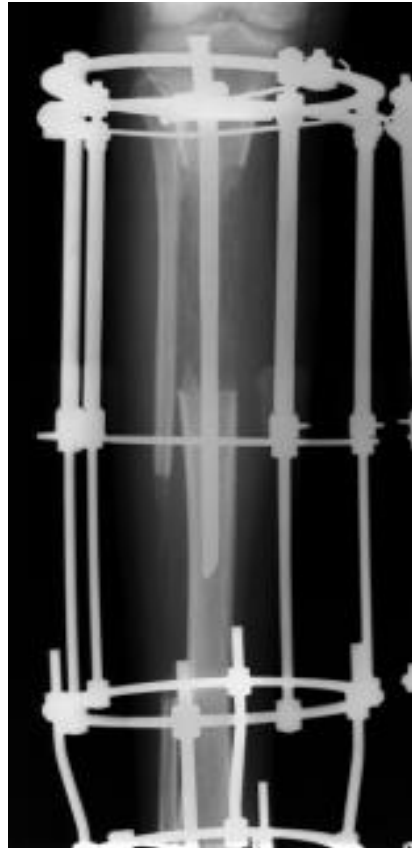
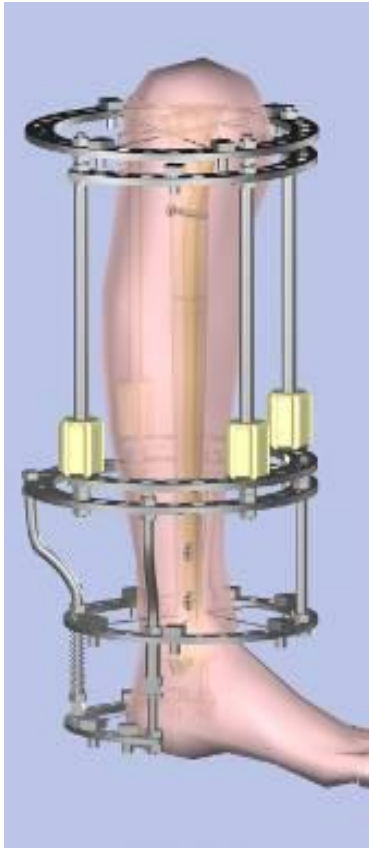


Dwarf



Short Stature

Modified Ilizarov lengthener combined with interlocking nails



www.leg-lengthening.com

Functional Exercise



www.leg-lengthening.com

Functional Exercise



Case 1: Male. 21 years, height 1.20 m, bilateral tibial lengthening for 18 cm.



Before Treatment

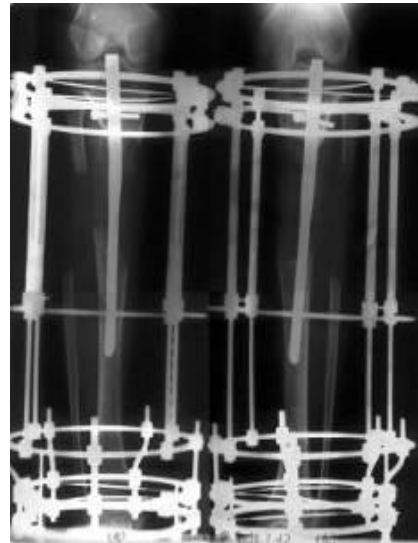


After First Treatment 18 cm tibial lengthening



After 2nd Treatment 8 cm femoral lengthening

Case 2: Short stature with knee inversion. Body height was 146 cm before increasing height 9 cm . Deformity was corrected, patient was followed up two years after treatment with good leg function.





Case 3: Short stature with knee inversion and body height 146 cm before lengthening 9cm . Deformity was corrected and leg function is satisfactory .



Case 4: Leg-lengthening was performed twice in this patient of short stature. 7 cm at first time , 4 cm at second time in the tibiae.

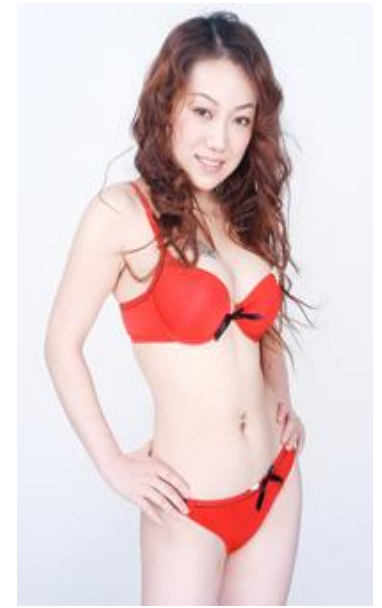


Case 4. The new bone at second lengthening was formed very well at the regenerate following the first lengthening.





Case 5: Ms. Dong Mei, Female, 22 years, “man-made beauty” of South-East China. She was 148 cm, had received tibial lengthening of 12cm to 160 cm.



www.leg-lengthening.com

Bilateral tibial lengthening 12 cm after the external fixators were removed.



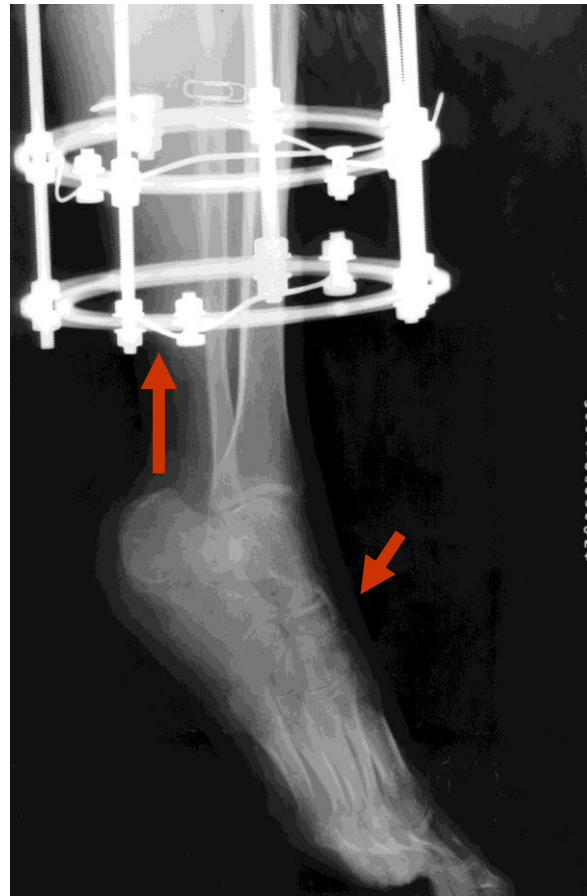
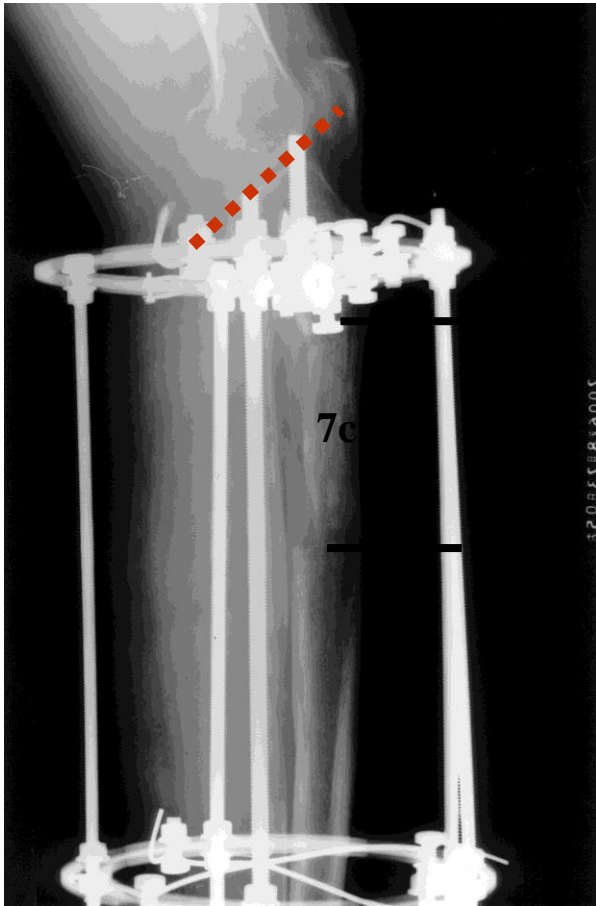


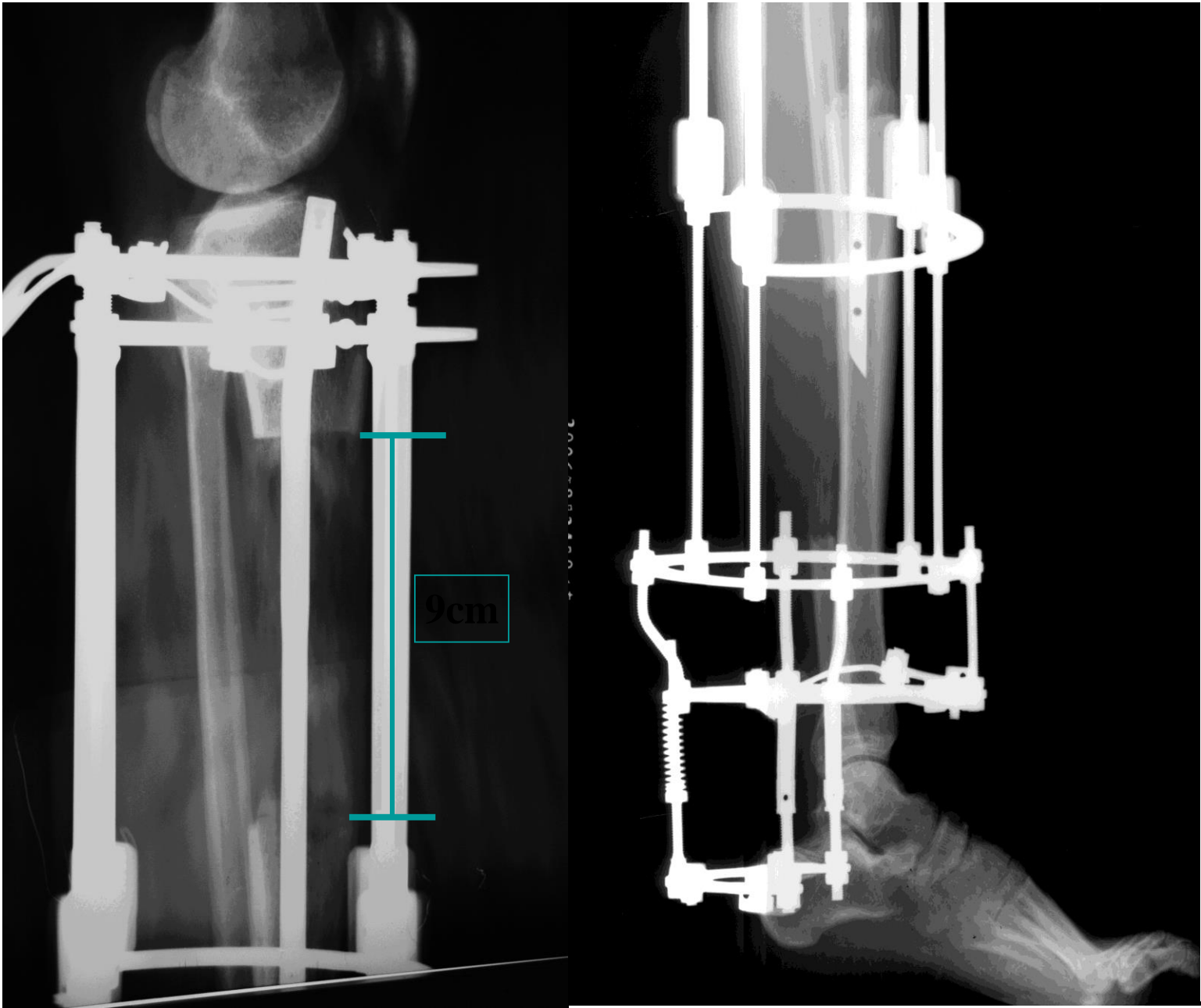
Functions were fully recovered after 1.5 years.





The common problems encountered using classical Ilizarov techniques for leg-lengthening over 5 cm: Foot dropping and joint cartilage damages.





We can make giants !

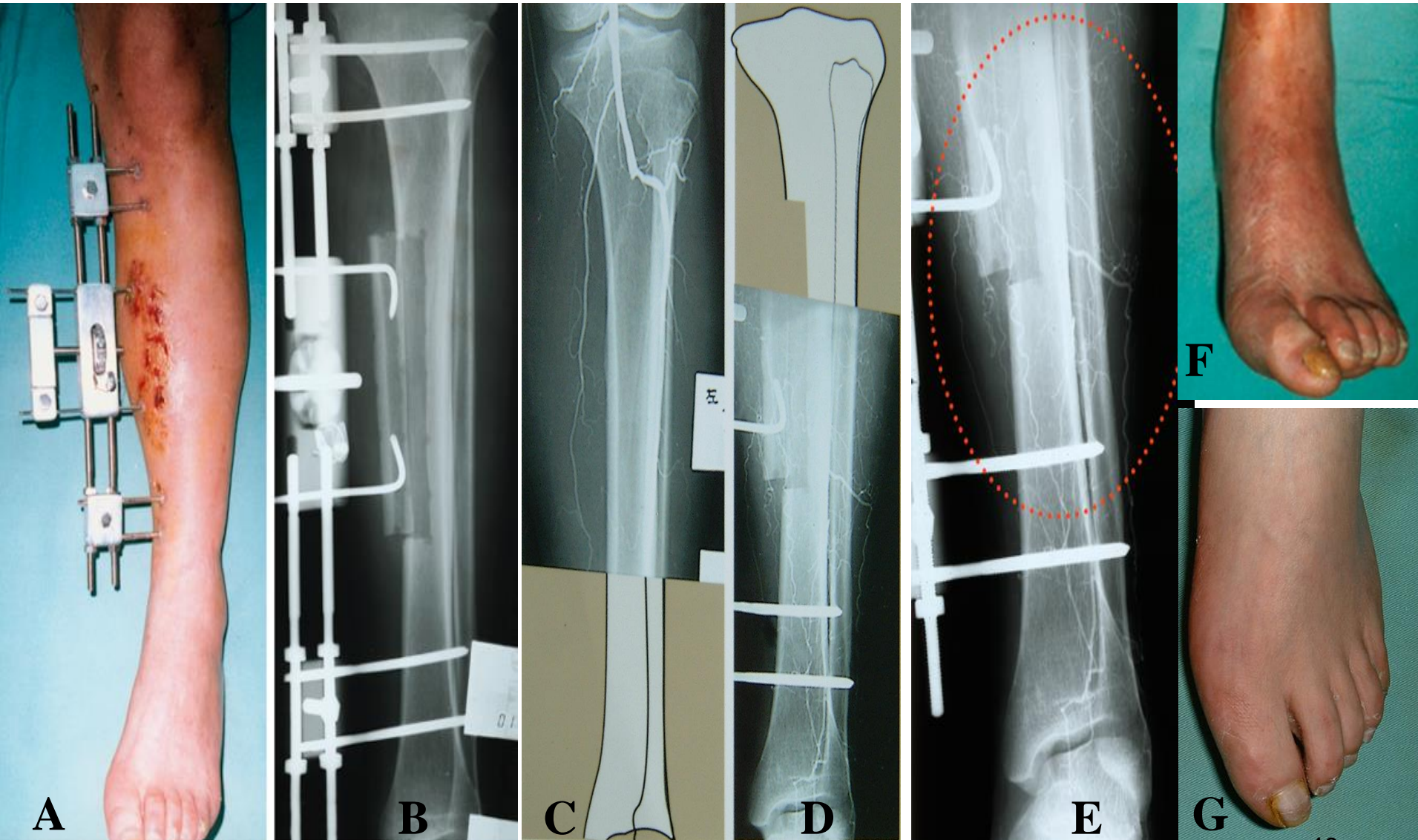


New Clinical Applications of DO Spine Deformity Correction



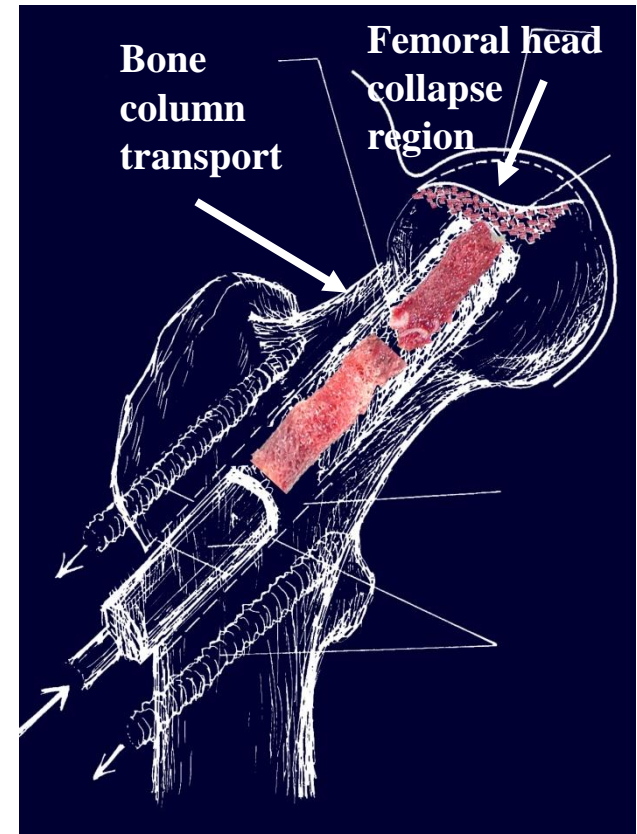
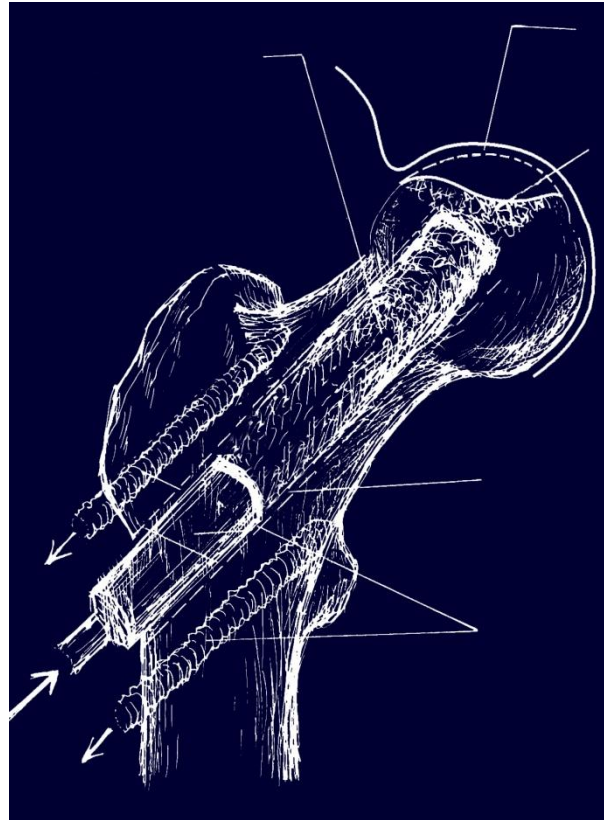
New Clinical Applications of DO

Treatment of Peripheral Vascular Disease



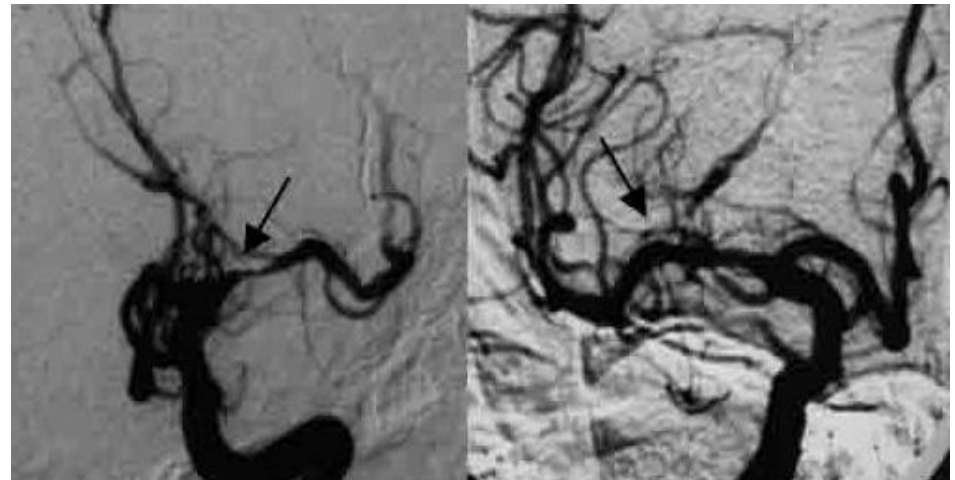
New Clinical Applications of DO

Treatment of Avascular Femoral Head Necrosis

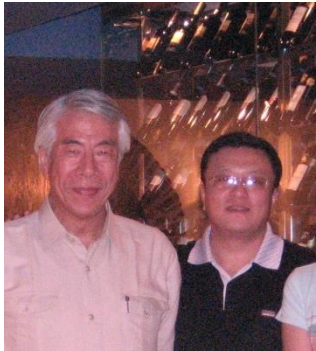


New Clinical Applications of DO

Treatment of Cerebrovascular Disease/Stroke



People who perfected DH techniques



Italy, Russia, Japan, USA, Germany, China.....